

NEWCASTLE SWIMMING DEVELOPMENT COACHES NEWSLETTER
OCTOBER 2005

CONGRATULATIONS TO :

Chris Cook awarded the accolade of "N&D Swimmer of the Year"

Martin Douglas (Sen) on his wedding to Claire in Hull on 15th October

COMPETITION RESULTS:

N&D Graded Series 8/9th October at Middlesboro' saw Newcastle take 22
golds, 13 silver and 18 bronze medals at the first event of the series;

Golds; Daniel May (3), Charlotte Sim (2), Elizabeth Bishop (2), Lucy Gordon (2),
Lucy Pages (2), Alex Kirtley (2), Anne Vilgers, Alex Wheeler, Lewis Wiseman-
Ord, Robert Pallister, Lewis Welford, Andrew Dixon, Andrew Learmouth, Jessica
Rodger and Callum Oaks.

Silvers; Hannah Bain (3), Emmy Tatters (2), Callum Oaks (2), Josh Hobbs, Tom
Howley, Richard Kirtley, Andrew Burn, Daniel May and Elizabeth Hierons.

Bronze; Tom Howley (2), Jenny Steele (2), Lewis Wiseman-Ord (2), Amber
Kears (2), Sarah Murray, Callum Oaks, Emmy Tatters, Christie Lee McColl, Jack
Gallacher, Alex Wheeler, Jake McMullon, Andrew Dixon, Nicola Hastings and
Lucy Pages.

N&D Masters Sat 8th Oct at City Pool saw Newcastle Senior squad win 32
individual golds, 18 silvers and 10 bronze from age groups 19/24 through to
60/65! Out of 9 teams entered Newcastle won 6 gold and 1 silver.

Individual medalists were; Rob Whittle 7 gold, 1 silver; Mike Bairstow 5 gold;
Kevin Smith 4 gold, 1 bronze; Rachel Clinkard 4 gold; Jonathan Dean 3 gold, 1
silver; Eddie Sawyers 3 gold; Jenny Pearson 2 gold; Walter Mack 1 gold, 4 silver;
Gordon Rea 1 gold, 3 silver, 1 bronze; Peter French 1 gold, 2 silver, 1 bronze;
Peter Germain 1 gold, 1 silver; Iain Laing 3 silver; Gerry Hayden 2 silver, 1 bronze
; Moira Atkinson 1 silver, 1 bronze, Karl Roberts 3 bronze and Moira Atkinson 2
bronze. Well Done to all participants.

N&D Graded Series 22/23rd Stanley saw Newcastle win 10 gold, 14 silver and 3
bronze medals at this 2nd event;

Golds; Lewis Wiseman-Ord (2), Josh Dobbs, Callum Oaks, Emmy Tatters, Emily
Hall, Jonah Robinson, Tom Howley, Robert Pallister and Daniel May.

Silvers; Josh Hobbs (2), Anne Vilgers, Robert Pallister, Daniel May, Sarah
Murray, Elizabeth Bishop, Elizabeth Hierons, Megan Dowse, Emily Hall, Ryan
Hall, Alex Wheeler, Joseph Ginnelly and Nicola Hastings.

Bronze; Joseph Ginnelly, Ryan Hall and Daniel May.

The final N&D Graded series event will take place at Felling Pool 12/13th
November. Please competition list on the notice boards re future events and
closing dates, or contact Linda Brayson Comp Sec on 2451721.

Junior League Northern Final - The City of Newcastle Amateur Swimming Club won each of their 3 regional qualifying rounds & regional final to qualify for the "Northern Final" at Felling Pool, on Sunday 16th October. They won the "Northern Final" for the first time with 202 points! 4 points clear of 2nd placed Lincoln Vulcans 198. Stockport Metro 3rd with 190, Boro' of Kirklees 4th with 180, Southport 5th 153 & Nuneaton & Beckworth 6th 103 points.

With 14 wins from 49 events, "this was by far the strongest final Newcastle have been in and to win for the first time ever, puts us in a very strong position to contest the "National Final", to be held at Weston Super Mare on Sunday November 20th". Newcastle had 8 Individual wins from Josh Hobbs, boys 9yrs freestyle, Steph Redfern, girls backstroke, Lucy Gordon, girls 12yrs butterfly, Ellen Barton, girls 10yrs butterfly & freestyle, Charlotte Sim, girls 11yrs freestyle, Alice Miller girls 12yrs breaststroke and Andrew Dixon boys 12yrs breaststroke, The 6 Team wins came from the girls 12yrs medley & freestyle teams, girls 9yrs freestyle team, boys 9yrs freestyle team, girls 11yrs freestyle & medley teams The team now have to raise funds to cover travel and accommodation expenses to Weston-Super-Mare for the weekend 19/20th November. Anyone wishing to support the team can contact club secretary Janet Eyre on 2362646.

Coach Development

An additional ASA Helpers course is organised for 4 Monday evenings commencing 7th Nov, 14th, 21st & 28th Nov at City Pool 7.30-8.30pm (Week 1 to commence at 6.30pm). Cost £10, refunded if you are currently, or wish to in the near future, assist on the poolside with Scheme squads. Please contact Duane Newton on Tuesdays or Thursdays on 2116250 for further info.

Active Sports Camps took place at Outer West (Denton) with Coach Helen Dryden and at East End pool with Coach Dave Robertson, during the October half term holiday Monday 24th- Thursday 27th. These camps were free and for those swimmers in the lesson programme who wished to gain a taste of competitive swimming and were invited by their swimming teacher or for the newest dolphin swimmers. 16 swimmers attended each camp.

Water Polo – Session times at the Outer West Pool are Fridays 6.15-7.30pm and cost £3.45 per session, please contact the coach Paul Renforth on 0191 4872153 for further info.

Dates for your Diary:

Nov

5/6 NEC Age Group SC Harrogate.....**10 Inter Dolphin Gala, City Pool**
12/13 N&D Graded Series, Felling.....18/20 BUSA SC Champs Sheffield

20 Sunday Swim

20 National Junior League Final, Weston Super Mare (***travel Sat 19and overnight stay***)

26/27 NEC Senior/Junior LC Leeds,

Dec 1/4 Stage 3 Meet Swansea.....3/4 Wear Valley Meet

4 Newcastle Shrimp Meet City Pool (Club event swimmers 8& under, 9 &10)

8/11 Euro SC Champs Trieste, Italy (Chris Cook, James Johnson & Ian Oliver)

10/11 Sheffield Distance Meet.....**11 Sunday Swim**

16/18 1500/800 Time Trials City Pool

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